

Ujamaa Ministry Dates for 2017
Every 2nd and 4th Saturday
9am – 3pm

Ministry Purpose

The purpose of the exchange Cultural Visual Arts is designed to provide experiences with Elements of Art and Principles of Design primarily through a problem solving, studio approach using a variety of media and technology. The guide will present a variety of culturally diverse studio experiences that will intellectually and artistically challenge the creative potential of each participant. It is the mission of Cultural Visual Arts to enable every participant to become artistically literate, creative, and a life-long participant in the fine arts utilizing the innate gifts of The Creator to create.

Guide: Renée Gaither

The purpose of this exchange is cultural enrichment through literature using African American Children's Literature written by authors of the African Diaspora to build cultural knowledge, self-confidence, and understanding. Connecting children to stories about African American history that empowers them and helps to shape their self-image and impact their view of the world.

Guide: Janice Harper

To develop the skill and utilize cost-effective resources to clothe oneself, one's family and design our own sacred spaces is a beautiful thing especially when it is a work of your hands. The purpose of this exchange is to help willing participants learn the basics of the art of sewing, teaching how to make universal garments and home décor economically.

Guide: Laurel Mustafa

"One pot cook, everybody eat". That is the way of our people. With a little bit of flour, a pinch of salt and dash of seasoning, and a whole lot of love creates the perfect dish. Long years we have sustained our people with nutrition that is so tantalizing people all over the world seek out Afri-Caribbean Cuisine. The purpose of this exchange is to provide knowledge of staple foods, how to prepare them economically, serve them creatively and preserve them till next time.

Guide: Rhonda James-Jones

The earth is a powerful source and the ability to harness that power to yield life giving sustenance is an ancient art that our ancestors knew well. The purpose of this exchange is to help participants be intentional in what they sow, cultivate and reap establishing home gardens both outdoor and container.

Guide: Marshall Honeywood

A strong people who have withstood the test of time this exchange helps participants to engage health practices that continue to equip and strength themselves to be at their best in body, mind and spirit.

Guide: Dr. Darren Harper

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We are excited to report that the work of our hands and labour of love has produced good fruit. Since our last report we have hosted our second communal meal for the New Member's Class as its leader Elder Carvel Bennet has requested to partner with us to give new members a first-hand look at what it means to be in ministry at First Afrikan Church where we empower "women, men, youth and children to move from membership to leadership in the church, community and the world."¹ In this ministry we have embodied the spirit of Umoja (Unity), Ujima (Collective Work and Responsibility), Imani (Faith) and Ujamaa (Cooperative Economics)² in our work together and have created sacred space for the needs of our community to be addressed tangibly, emotionally and spiritually. We see this ministry as one viable way for the entire membership to get involved in the mission and vision of this church that includes Black economic empowerment and the creation of safe spaces in yet another time in this nation's history that people of color struggle to have everyday needs met.

Mark Your Calendar

January 14- Ministry Observes Shabbat	July 8- Health, Exercise & Nutrition
January 28- Ministry Observes Shabbat	July 22- Art & Sewing
February 11- Art & Sewing	August 12- Literature & Horticulture
February 25- Ujamaa Exchange	August 26- Ujamaa Exchange
March 11- Health, Exercise & Nutrition	September 9- Health, Exercise & Nutrition
March 25- Ujamaa Market	September 23- Art & Sewing
April 8- Literature & Horticulture	October 14- Literacy & Horticulture
April 22- Ujamaa Exchange	October 28- Ujamaa Exchange
May 13- Health, Exercise & Nutrition	November 11- All H, E, N, A, S, L & H*
May 27- Art & Sewing	November 25- All- H, E, N, A, S, L & H*
June 10- Literacy & Horticulture	December 9- All- H, E, N, A, S, L & H*
June 24- Ujamaa Exchange	December 23- Ujamaa Exchange

* Denotes Health and Environment, Nutrition, Art, Sewing, Literacy and Horticulture

¹ First African Church Mission Statement, <http://firstafrikanchurch.org/>, accessed September 14, 2016.

² Principles of Kwanzaa, <http://www.officialkwanzaawebsite.org/NguzoSaba.shtml>, accessed September 14, 2016.